

# DIAGNOSING ANAPHYLAXIS

**RISK FACTORS:** Asthma, History of Anaphylaxis, Family History, Beta Blockers, First Injection Vial, Escalation Period of Injection Immunotherapy

## **ANAPHYLAXIS SYMPTOMS:**

**Skin: Flushing, Red, Warm, NO Sweating, Itching, Urticaria, Edema, Tingling**

**HR: Fast heart rate (Not with Beta Blocker)**

**BP: Low Blood Pressure/Hypovolemia**

**Nasal/Oropharynx/Larynx: Throat Fullness, Stridor, Dysphagia, Hoarseness, Sneezing**

**Uneasiness/Feeling of Doom**

**Lungs: Bronchospasm, Cough, Wheezing, Stridor, Shortness of breath**

**GI/GU: Nausea, Stomach Cramp, Incontinence, Uterine Cramping**

## **NOT ANAPHYLAXIS:**

**Vasovagal Symptoms:** Slow Heart Rate  
Normal Blood Pressure  
Skin: Pale, Cool, Sweating  
No respiratory distress, cough, wheeze

**Panic Attack Symptoms:** Fast Heart Rate  
Normal or High Blood Pressure  
Skin: Sweating, Red or Normal  
Feeling of Doom  
Hyperventilation  
No Cough/Wheezing

**Differential Diagnosis:** Diabetic hypoglycemia, Myocardial Infarction, Stroke, Pulmonary Embolism, Cardiac Arrhythmia.