

# SUBLINGUAL ALLERGY DROP SCHEDULE

Yoon Nofsinger, M.D.

Tampa ENT Associates, Phone (813) 972-3353, Fax (813) 978 3667

**Directions:** Each dose should be applied under the tongue and held there for as long as you can, or at least 30 seconds, and then swallow.

<b>BOTTLE 1</b>	<b>DOSE</b>	<b>DATE GIVEN</b>	<b>REACTIONS</b>
Day 1	1 drop		
Day 2	1 drop		
Day 3	1 drop		
Day 4	1 drop		
Day 5	1 drop		
Day 6	1 drop		
Day 7	1 drop		
Day 8	2 drops		
Day 9	2 drops		
Day 10	2 drops		
Day 11	2 drops		
Day 12	2 drops		
Day 13	2 drops		
Day 14	2 drops		
Day 15	3 drops		
Day 16	3 drops		
Day 17	3 drops		
Day 18	3 drops		
Day 19	3 drops		
Day 20	3 drops		
Day 21	3 drops		
<b>BOTTLE 2</b>	<b>DOSE</b>	<b>DATE GIVEN</b>	<b>REACTIONS</b>
Day 1	1 drop		
Day 2	1 drop		
Day 3	1 drop		
Day 4	1 drop		
Day 5	1 drop		
Day 6	1 drop		
Day 7	1 drop		
Day 8	2 drops		
Day 9	2 drops		
Day 10	2 drops		
Day 11	2 drops		
Day 12	2 drops		
Day 13	2 drops		
Day 14	2 drops		
Day 15	3 drops		
Day 16	3 drops		
Day 17	3 drops		
Day 18	3 drops		
Day 19	3 drops		
Day 20	3 drops		
Day 21	3 drops		

## SUBLINGUAL ALLERGY DROP SCHEDULE

Yoon Nofsinger, M.D.

Tampa ENT Associates, Phone (813) 972-3353, Fax (813) 978 3667

BOTTLE 3	DOSE	DATE GIVEN	REACTIONS
Day 1	1 drop		
Day 2	1 drop		
Day 3	1 drop		
Day 4	1 drop		
Day 5	1 drop		
Day 6	1 drop		
Day 7	1 drop		
Day 8	2 drops		
Day 9	2 drops		
Day 10	2 drops		
Day 11	2 drops		
Day 12	2 drops		
Day 13	2 drops		
Day 14	2 drops		
Day 15	3 drops		
Day 16	3 drops		
Day 17	3 drops		
Day 18	3 drops		
Day 19	3 drops		
Day 20	3 drops		
Day 21	3 drops		
BOTTLE 4	DOSE	DATE GIVEN	REACTIONS
<b>**Call to</b>	<b>order your</b>	<b>next allergy bottle</b>	<b>now: (813) 972 3353</b>
Day 1	1 drop		
Day 2	1 drop		
Day 3	1 drop		
Day 4	1 drop		
Day 5	1 drop		
Day 6	1 drop		
Day 7	1 drop		
Day 8	2 drops		
Day 9	2 drops		
Day 10	2 drops		
Day 11	2 drops		
Day 12	2 drops		
Day 13	2 drops		
Day 14	2 drops		
Day 15	3 drops		
Day 16	3 drops		
Day 17	3 drops		
Day 18	3 drops		
Day 19	3 drops		
Day 20	3 drops		
Day 21	3 drops		